



Restore peace in the gut

Our intestinal system is host to an astounding number of bacteria. In fact, there are more bacteria in our gut than there are human cells in our body. These microorganisms form an ecosystem of their own, which has been shown to be of great importance in various diseases and for maintenance of health. If this sensitive ecosystem is disturbed and the balance between the “good” and “bad” bacteria shifts, a less beneficial intestinal environment is formed which may lead to gut discomfort as well as causing severe gastrointestinal dysfunctions and diseases. Probi Digestis® is a probiotic gastro concept with proven health effects, based on *Lactobacillus plantarum* 299v (LP299V®). Proven to support gastrointestinal health and relieve IBS-related symptoms it is one of the world’s most well-documented probiotic bacteria with more than 50 human clinical studies.

Health benefits

- Reduction of abdominal pain.
- Reduction of bloating.
- Reduction of gas formation.
- Normalization of stool frequency.
- Improvement of IBS symptoms.
- General gastrointestinal health.

Short facts

Strain: *Lactobacillus plantarum* 299v

Origin: Human intestinal mucosa

Documentation: Multiple preclinical and clinical studies

Recommended daily dose: 10¹⁰ CFU

Safety: GRAS and QPS status, safe history of use in commercial food products and dietary supplements

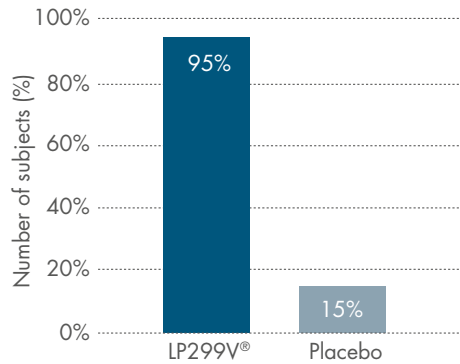
Different solutions for different needs – product application ideas

Ideal for capsules, tablets and stick-packs in the dietary supplement segment or for functional foods such as beverages, dairy and powder products.

Probi Digestis® – one of the world’s most well-documented probiotics

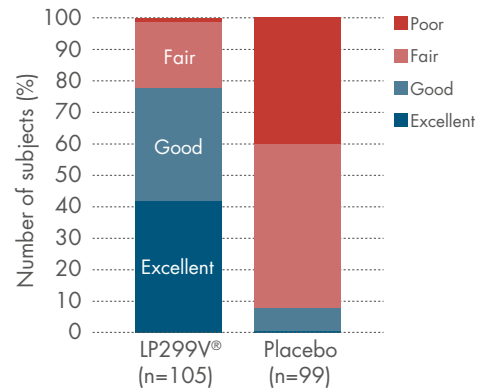
The discovery and characterization of LP299V® is based on the work of over 200 researchers, documented in more than 140 publications. More than 50 clinical trials have been conducted on humans. Probi has, in a number of state-of-the-art clinical studies (randomized, double-blind, placebo-controlled studies ranging from 40–200 subjects), achieved strong clinical results in the gastrointestinal area:

LP299V® helps 9 out of 10 with IBS related symptoms



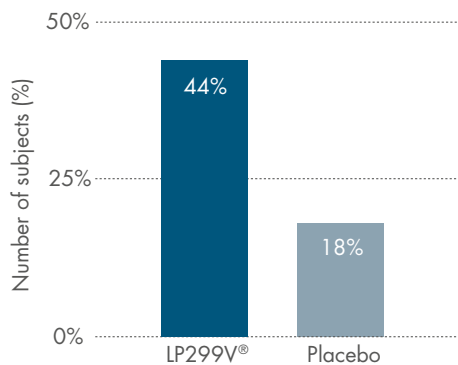
This 4-week study included 40 subjects with IBS. (Niedzielin et al., 2001)

Subject assessment of efficacy (IBS)



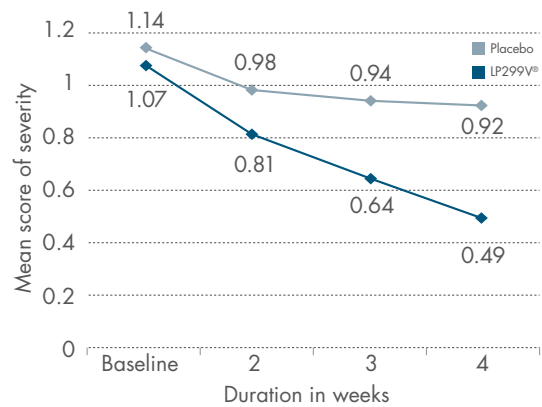
This 4-week study included 214 subjects with IBS. (Ducrotte et al., 2012)

More than twice as many subjects reported at least 50% reduction of symptoms related to flatulence



This 4-week study included 60 subjects with IBS. (Nobaek et al., 2000)

Significantly less abdominal bloating with LP299V®



This 4-week study included 214 subjects with IBS. (Ducrotte et al., 2012)

The Probi Premium range is an exclusive range of patented probiotic health concepts based on specific strains – concepts with comprehensive clinical dossiers showing repeated positive results on health benefits that are condition or claim specific. Efficacy and safety have been proven in numerous human clinical studies.

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